

SCHEME OF B.A. (HONS.) PSYCHOLOGY (SEMESTER SYSTEM)

<u>B.A. (Hons.) Semester-I</u>				<u>Total Marks: 300</u>	
<u>Paper No.</u>	<u>Nomenclature of paper</u>	<u>Internal Assessment</u>	<u>Marks</u>	<u>Time</u>	
I	Basic Psychological Processes	10	65	3 Hours	
II	Social Psychology	10	65	3 Hours	
III	Basics of Research Processes & Statistics	10	65	3 Hours	
IV	Practical		75	3 Hours	
<u>B.A. (Hons.) Semester-II</u>				<u>Total Marks: 300</u>	
V	Cognitive Processes	10	65	3 Hours	
VI	Applying Social Psychology	10	65	3 Hours	
VII	Basics of Research Methods & Statistics	10	65	3 Hours	
VIII	Practical		75	3 Hours	
<u>B.A. (Hons.) Semester-III</u>				<u>Total Marks: 300</u>	
IX	Biological Basis of Behaviour	10	65	3 Hours	
X	Basics of Health Psychology	10	65	3 Hours	
XI	Psychological Testing	10	65	3 Hours	
XII	Practical		75	3 Hours	
<u>B.A. (Hons.) Semester-IV</u>				<u>Total Marks: 300</u>	
XIII	Psychopathology	10	65	3 Hours	
XIV	Life Style and Health	10	65	3 Hours	
XV	Psychological Assessment	10	65	3 Hours	
XVI	Practical		75	3 Hours	
<u>B.A. III (Hons.) Semester-V</u>				<u>Total Marks: 400</u>	
XVII	Basics of Neuro Psychology	10	65	3 Hours	
XVIII	Industrial Psychology	10	65	3 Hours	
XIX	Child Development	10	65	3 Hours	
XX	Psychology of Social Issues	10	65	3 Hours	
XXI	Practical		100	3 Hours	
<u>B.A. III (Hons.) Semester-VI</u>				<u>Total Marks: 400</u>	
XXII	Clinical Psychology	10	65	3 Hours	
XXIII	Organizational Behaviour	10	65	3 Hours	
XXIV	Developmental Psychology	10	65	3 Hours	
XXV	Applied Psychology	10	65	3 Hours	
XXVI	Practical		100	3 Hours	

Note:- The Compulsories and subsidiary as per B.A.(Hons.) Ordinance.

B.A. (HONS.) PSYCHOLOGY – SEMESTER-I

PAPER-I

BASIC PSYCHOLOGICAL PROCESSES

Theory: 65
Internal Assessment:10
Time: 3 hours

- Note:** - (i) The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of ten parts (1 marks each) to be set from the whole of the syllabus. This question would be compulsory.
- (ii) Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- (iii) Each question carries 12 marks.

UNIT-I

Introduction: - Definition, Historical origins of Psychology, goals and fields of psychology.

Methods in Psychology: Experimental, observation, Interview, Questionnaire and Case Study.

UNIT-II

Contemporary Psychological Perspectives: Biological, Psychodynamic, Behaviouristics, Cognitive, Humanistic and Cross-Cultural.

UNIT-III

Motivation: Biogenic and Sociogenic motives, Intrinsic-Extrinsic Framework.

Emotion: Components of Emotions, Bodily Expressions, Theories of Emotions – James Lange, Canon Bard & Schachter – Singer Theory.

UNIT-IV

Personality: Type and Trait Approaches, Biological and socio-cultural determinants, Assessment of Personality.

Intelligence: Nature, Intelligence Testing & Interpretation, Emotional Intelligence.

References:

Baddley, A.D.; Eysenck, M.W. & Anderson (2009) **Memory**; Hove, UK, Psychology Press.
Books for.

Baron, R.A. (1995). **Psychology: The essential science**. New York: Allyn & Bacon.

Coon, D & Mitterer, J.O. (2007) **Introduction to Psychology: Gateways to Mind and Behaviour**, 11th Edn. Delhi: Thomson Wadsworth.

Eysenck, M.W.(2009). **Fundamentals of Psychology**. New York: Psychology Press. Chapters 23, 24 and 25, Pages 539-626.

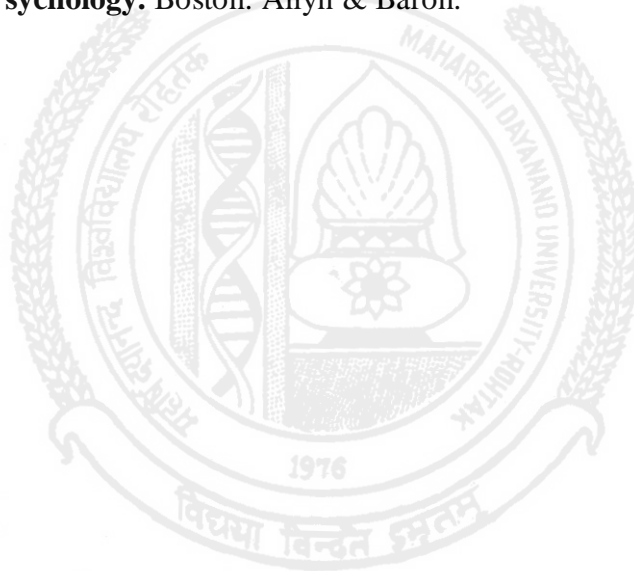
Lahey, B.B. (2007) **Psychology: An Introduction**, 9th End. New York: Mc Grew-Hill.

Posterino, E & Doyle-Portillo, S. (2010) **What is Psychology: Essentials**. Belmont, CA, USA: Wadsworth Cengage.

Smith, EE, Nolen-Hoeksema, S., Fredrickson,B., Loftus, G.R. (2006) **Alkinson's Hilgard Introduction to Psychology**. Singapur, Thompson Wordsworth.

Wadc, C. (2005) **Psychology**, 8th Edn. New York: Prentice Hall.

Zimbardo, P.G., & Weber, A.L (1997). **Psychology**. New York: Harper Collins College Publishers.
Lefton, L.A. (1985). **Psychology**. Boston: Allyn & Baron.



PAPER-II**SOCIAL PSYCHOLOGY**

Theory: 65
Internal Assessment: 10
Time: 3 hours

- Note: -**
- (i) The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of ten parts (1 marks each) to be set from the whole of the syllabus. This question would be compulsory.
 - (ii) Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
 - (iii) Each question carries 12 marks.

UNIT-I

Introduction: Nature, goal and scope of social psychology; Social Psychology and other sciences: Methods of social psychology, Experimental, Searching for cause and effect correlational methods: Detaching natural associations.

UNIT-II

Self Perception and Self Presentation: Self Concept, Self Esteem, Self Serving Bias and Self Presentation.

Social Perception: Attribution: basic sources of attribution error, Application of attribution theory.

UNIT-III

Attitudes: Nature and function of attitude formation, Theories; – Heider's theory and Festinger's Cognitive dissonance theory, Measurement of attitudes.

Persuasion: Elements, Factors Affecting Persuasion.

UNIT-IV

Groups: Nature and Function, groups and task performance, group cohesiveness, group norms and decision making.

Leadership: Definition and functions, Traits, Situations and Contingency approaches of leadership.

References:

Alcock, J.E., Carment, D.W. Sadava, S.W., Collins, J.E., & Green, J.M. (1997). **A textbook of Social Psychology**, Scarborough, Ontario: Prentice Hall/Allyn & Bacon.

Baron, R.A., & Byrne, D. (1998). **Social Psychology**. New Delhi: Prentice Hall.

Baron, R.A. and Byrne, D. (2008) **Samajik Manovigyan (Hindi Sanskaran)**. Delhi: Pearson.

Chaube S.P. (1985) **Social Psychology**. Agra: Educational Publishers.

Feldman, R.S. (1985). **Social Psychology: Theories, research and application**. New York: McGraw Hill.

Myers, David, G. (1994). **Exploring Social Psychology**. New York: McGraw Hill.

Sanderson, CA (2010) **Social Psychology**. Danvers, MA, USA: John Wiley & Sons, Inc.

Semin, G.R., & Fiedler, K.(Eds.) (1996). **Applied Social Psychology**. London: Sage.

Singh, A.K. (2009). **Samaj Manovigyan ki Rooprekha** . Delhi: Moti Lal Banarsidas.

PAPER-III**BASICS OF RESEARCH PROCESSES & STATISTICS**

Theory: 65
Internal Assessment: 10
Time: 3 hours

- Note:** - (i) The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of ten parts (1 marks each) to be set from the whole of the syllabus. This question would be compulsory.
- (ii) Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- (iii) Each question carries 12 marks.

UNIT-I

Scientific Approach: Science and Common Sense, Stereotypes, Aims and Goals of Science – Scientific Research – a definition, Scientific Approach its characteristics, Methods of acquiring knowledge. Role of Scientists in Science, Variables – its types operational definition.

UNIT-II

Problem: Sources of problem and its indicators, Characteristics of a problem.

Hypothesis: Nature, Types, Formulation and Criteria of Good hypothesis.

UNIT-III

Variables: (Operational Definition) Types and Control of Variables in Experimentation.

Frequency Distribution: Graphical Presentation of Data: Bar diagram, Histograms and Polygrams.

UNIT-IV

Measures of Central Tendency: Mean, Median, Mode, Interpreting and Presenting of Measures of Central Tendency in Tables and Graphs.

Measures of Variability: Range, Quartile Ranges, Quartile Deviation, Standard Deviation and Variance.

References:

Gravetter, F.J. & Wallnau, L.B. (2009) **Statistics for the Behavioural Sciences**; 8th Edn. Belmont, CA, USA: Wadsworth.

Healey, JF (2009) **Statistics: A Tool for Social Research**, 8th Edn. Belmont CA: Wadsworth.

Howell, D.C. (2007) **Statistical Methods for Psychology**, 6th Edn. Belmont CA, USA: Thomson-Wadsworth.

Jackson, SL (2006) **Research Methods and Statistics: A Critical Thinking Approach**, 2nd Edn. Belmont, CA, USA, Thomson-Wadsworth.

Mc Guigan, F.J. (1990). **Experimental Psychology: Methods of Research**, 5th Edn. New Delhi: Prentice-Hall of India.

Pagano, RR (2007) **Understanding Statistics in the Behavioural Sciences**, 8th Edn. Belmont, CA, USA: Thomson-Wadsworth.

Singh, R., & Radheyshyam (2008) **Comprehensive Statistics for Behavioural Sciences**, Delhi: Sanjay Pub.

Weathington, B.L., Cunnintgham, C.J.L. & Pittenger, D.J. (2010) **Research Methods for the Behavioral and Social Sciences**, New York: John Wiley.

Wright, D.B. & London, K. (2009). **First (and Send) Steps in Statistics**. London: Sage.



Paper-IV(a & b)**PRACTICAL****M.Marks : 75****Time : 3 hrs.****Paper-IV a****M.Marks: 50****Time : 3 hrs.**

Each student would be required to conduct/administer and report six experiments/tests during the session. Each examinee will have to conduct/administer two experiments/tests during the examination.

1. Verbal Intelligence Test
2. Achievement Motivation Test
3. Impression Formation
4. Measurement of Attitude
5. Performance Test of Intelligence
6. Emotional Intelligence Test
7. Social Facilitation/Social Loafing
8. Self-Perception/Self-Concept
9. Facial Expression
10. Assessment of Personality

Evaluation: Evaluation would be based on report, performance & Viva.

Paper-IV b**M.Marks : 25**

Sociometric analysis of a group.

Evaluation would be based on report & Viva.

Examination of IV a & IV b would be held in a single session.

B.A. (HONS.) PSYCHOLOGY – SEMESTER-II

PAPER-V

COGNITIVE PROCESSES

Theory: 65
Internal Assessment:10
Time: 3 hours

- Note: -**
- (i) The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of ten parts (1 marks each) to be set from the whole of the syllabus. This question would be compulsory.
 - (ii) Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
 - (iii) Each question carries 12 marks.

UNIT-I

Habituation: Orienting Reflexes, Habituation and Dishabituation.

Learning:- Classical Conditioning: Paradigms, Extinction, Spontaneous Recovery, Generalization and Discrimination. Operant conditioning: Paradigms and reinforcement schedules. Observational Learning.

UNIT-II

Sensation: Types of Senses. Sensory Processes; Visual and Auditory (Structure and Functions of Eye & Ear)

Attention: Attentional Processes, Selective and Divided Attention.

Perception: Gestalt's Laws of organization, Perception of size, shape and Depth.

UNIT-III

Memory: Encoding, Storage and Retrieval processes in short term memory and long term memory; Real Life Memories: Eyewitness Testimony: Accuracy and Improvement.

Forgetting: Decay and Interference: Retroactive and proactive, Mnemonics.

UNIT-IV

Intelligence: Cognitive and psychometric approaches; Genetic and Environmental Influences.

Thinking and Reasoning: Thinking processes; Concepts, Categories, Inductive and deductive reasoning.

References:

Baron, R.A. (1995). **Psychology: The essential science**. New York: Allyn & Bacon.

Eysenck, M.W. (2009) **Fundamentals of Psychology**. New York: Psychology Press.

Lefton, L.A. (1985). **Psychology**. Boston: Allyn & Baron.

Nevid, J.S.(2009). **Psychology: Concepts and Applications**, 3 Edn. Belmontca, USA: Wadsworth Cengage Learning.

Passer, M.W. & Smith, R.E. (2007) **Psychology: The Science of Mind and Behaviour**, 3rd Edn. New York: McGraw-Hill.

Sternberg, R.J. (2006) **Cognitive Psychology**, 4th Edn. Belmont: WadWorth.

Smith, EE, Nolen-Hoeksema, S., Fredrickson,B., Loftus, G.R. (2006) **Alkinson's Hilgard Introduction to Psychology**. Singapur, Thompson Wordsworth.

Wade, C. (2005) **Psychology**, 8th Edn. New York: Prentice Hall.

Weiten, W. (2008) **Psychology. Themes and Variations**, 7th Edn. Belmont, CA, USA: Thomson Cengage Learning.

Zimbardo, P.G., & Weber, A.L (1997). **Psychology**. New York: Harper Collins College Publishers.

PAPER-VI**APPLYING SOCIAL PSYCHOLOGY****Theory: 65****Internal Assessment: 10****Time: 3 hours**

- Note: -** (i) The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of ten parts (1 marks each) to be set from the whole of the syllabus. This question would be compulsory.
- (ii) Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- (iii) Each question carries 12 marks.

UNIT-I

Socialization: Nature, Agencies and Process.

Prejudice and Discrimination: Nature and components of prejudice, Acquisition of prejudice, Reduction of prejudice.

UNIT-II

Social influence: Conformity – factors affecting conformity; Compliance: principles and tactics; Obedience – Milgram's obedience studies.

Effect of Presence of Others: Social Facilitation and Social Inhibition.

UNIT-III

Pro-Social Behavior: Altruism and helping - Personal, Situational and socio-cultural determinants, Bystander effect, Theoretical explanations of pro-social behaviour.

Communication: Communication Models, Verbal and nonverbal communication, Barriers in communication.

UNIT-IV

Aggression: Theoretical perspectives - Trait, Situational and Social learning approaches, Social and personal determinants of aggression, Prevention and Control of Aggression.

Applying Social Psychology: to work and Health.

References:

Alcock, J.E., Carment, D.W. Sadava, S.W., Collins, J.E., & Green, J.M. (1997). **A textbook of Social Psychology**, Scarborough, Ontario: Prentice Hall/Allyn & Bacon.

Baron, R.A., & Byrne, D. (1998). **Social Psychology**. New Delhi: Prentice Hall.

- Baron, R.A. and Byrne, D. (2008) **Samajik Manovigyan (Hindi Sanskaran)**. Delhi: Pearson.
- Baron, R.S. & Kerr (2003) **Group Process Group Decision, Group Action**, 2nd Edn. Maidenhead, Berkshire, UK: Open Univesity Press.
- Chaube S.P. (1985) **Social Psychology**. Agra: Educational Publishers.
- Feldman, R.S. (1985). **Social Psychology: Theories, research and application**. New York: McGraw Hill.
- Myers, David, G. (1994). **Exploring Social Psychology**. New York: McGraw Hill.
- Myers, D.G. (2005) **Social Psychology**, 8th Edn. New York: McGraw Hill.
- Sanderson, CA (2010) **Social Psychology**. Danvers, MA, USA: John Wiley & Sons, Inc.
- Semin, G.R., & Fiedler, K.(Eds.) (1996). **Applied Social Psychology**. London: Sage.
- Singh, A.K. (2009). **Samaj Manovigyan ki Rooprekha** . Delhi: Moti Lal Banarsidas.



PAPER-VII BASICS OF RESEARCH METHODS & STATISTICS

Theory: 65
Internal Assessment: 10
Time: 3 hours

- Note:** - (i) The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of ten parts (1 marks each) to be set from the whole of the syllabus. This question would be compulsory.
- (ii) Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- (iii) Each question carries 12 marks.

UNIT-I

Data Collection Techniques: Observation, Questionnaire, Interview, Telephone Interview, Sociometry.

UNIT-II

Sampling – its Techniques, Assumption of Parametric and Non-Parametric Tests, Writing up a Research Report - APA Style.

UNIT-III

Normal Distribution Curve: Concept of Normal Probability Curve. Laws of Normal Probability Curve. Characteristics and its Applications.

Correlational Methods: Concept of Correlation Spearman's Rank – Difference method, Product moment method.

UNIT-IV

Research Design: Within and Between. Requirement of a good research design.

Within – Single Group Design, Between Group – Two Randomized, Matched Group, Multigroup Design.

References:

- Broota, K.d. (1992) **Experimental Design in Behavioural Research**, New Delhi: Wiley-Eastern.
- Gravetter, F.J. & Wallnau, L.B. (2009) **Statistics for the Behavioural Sciences**; 8th Edn. Belmont, CA, USA: Wadsworth.
- Jackson, SL (2006) **Research Methods and Statistics: A Critical Thinking Approach**, 2nd Edn. Belmont, CA, USA, Thomson-Wadsworth.
- Mc Guigan, F.J. (1990). **Experimental Psychology: Methods of Research**, 5th Edn. New Delhi: Prentice-Hall of India.
- Pagano, RR (2007) **Understanding Statistics in the Behavioural Sciences**, 8th Edn. Belmont, CA, USA: Thomson-Wadsworth.
- Singh, R., & Radheyshyam (2008) **Comprehensive Statistics for Behavioural Sciences**, Delhi: Sanjay Pub.
- Weathington, B.L., Cunnintgham, C.J.L. & Pittenger, D.J. (2010) **Research Methods for the Behavioral and Social Sciences**, New York: John Wiley.

Paper-VIII(a & b)**PRACTICAL****M.Marks : 75****Time : 3 hrs.****Paper-VIII a****M.Marks: 50****Time : 3 hrs.**

Each student would be required to conduct/administer and report six experiments/tests during the session. Each examinee will have to conduct/administer two experiments/tests during the examination.

1. Depth Perception
2. Muller – Lyer Illusion
3. Fluctuation of Attention/Span of Attention
4. Card Sorting/Habit Formation
5. Problem Solving
6. Maze Learning
7. Immediate Memory Span
8. LTM/Paired Associate Learning
9. Concept Formation
10. Conformity/Prejudice Scale

Evaluation: Evaluation would be based on report, performance & Viva.

Paper-VIII b**M.Marks : 25**

Group Experiment.

Evaluation would be based on report & Viva.

Examination of VIII a & VIII b would be held in a single session.